



Men's

Tops

SIZE	CHEST (in.)	WAIST (in.)	HIPS (in.)
S	35-37.5	29-32	35-37.5
M	37.5-41	32-35	37.5-41
L	41-44	35-38	41-44
XL	44-48.5	38-43	44-47
XXL	48.5-53.5	43-47.5	47-50.5
XXXL	53.5-58	47.5-52.5	50.5-53.5
XXXXL	58-63	52.5-57	53.5-57

Bottoms

SIZE	WAIST (in.)	HIPS (in.)	REGULAR INSEAM (in.)	TALL INSEAM (in.)*	SHORT INSEAM (in.)*
S	29-32	35-37.5	32.25	34.25	30.25
M	32-35	37.5-41	32.5	34.5	30.5
L	35-38	41-44	32.75	34.75	30.75
XL	38-43	44-47	33	35	31
XXL	43-47.5	47-50.5	33.25	35.25	31.25
XXXL	47.5-52.5	50.5-53.5	33.5	35.5	31.5

Women's

Tops

NIKE SIZE	AVERAGE US SIZE**	BUST (in.)	WAIST (in.)	HIPS (in.)
XS	0-2	29.5-32.5	23.5-26	33-35.5
S	4-6	32.5-35.5	26-29	35.5-38.5
M	8-10	35.5-38	29-31.5	38.5-41
L	12-14	38-41	31.5-34.5	41-44
XL	16-18	41-44.5	34.5-38.5	44-47
XXL	20-22	44.5-48.5	38.5-42.5	47-50

Bottoms

NIKE SIZE	NUMERIC SIZE *	WAIST (in.)	HIPS (in.)	REGULAR INSEAM (in.)	TALL INSEAM (in.)**	SHORT INSEAM (in.)**
XS	0-2	23.5-26	33-35.5	31.2	33.25	29.25
S	4-6	26-29	35.5-38.5	31.2	33.25	29.25
M	8-10	29-31.5	38.5-41	31.5	33.5	29.5
L	12-14	31.5-34.5	41-44	31.5	33.5	29.5
XL	16-18	34.5-38.5	44-47	31.75	33.75	29.75
XXL	20-22	38.5-42.5	47-50	31.75	33.75	29.75

Youth

Tops & Bottoms

ALPHA SIZE	NUMERIC SIZE	CHEST (in.)	WAIST (in.)	HIPS (in.)	HEIGHT (in.)	AGE
XS	6-7	25.5-26	23.5-24	27-28	47-51	6-7
S	8-9	26-27	24-25.5	28-29.5	51-55	8-9
M	10-12	27-29.5	25.5-27	29.5-31.5	55-59	10-11
L	14-16	29.5-32	27-28.5	31.5-33.5	59-63	12-13
XL	18-20	32-35	28.5-29.5	33.5-35	63-67	14+

Hats

Swooshflex

NIKE SWOOSH FLEX SIZING CHART														
FITTED SIZE	6-1/2	6-5/8	6-3/4	6-7/8	7	7-1/8	7-1/4	7-3/8	7-1/2	7-5/8	7-3/4	7-7/8	8	
CENTIMETERS	52	53	54	55	56	57	58	59	60	61	62	63	64	
	XSS				SMD				MDL				LXL	